

# Maple Rest Residential Health Care

**CLINICAL DIRECTOR**

**Irma Nyack, BSN, RN LLB, MBA**

59 North Maple Ave.  
East Orange, NJ 07017  
Tel: 973-866-7656  
Fax: 973-676-1140  
maplerest@comcast.net



*Phone: 973-866-7656  
973-676-0039  
Fax: 973-676-1140*

59 North Maple Ave.  
East Orange, NJ 07017

**CALL FOR PERSONALIZED  
SERVICE**

**MAPLE REST**



**Residential Health Care**

*Caring Every Day*

*In Every Way*

# MISSION

## CREATE...CARE...ENCOURAGE

Our Mission is to **Create** an environment where individuals can receive the highest standards of **Care**, where dignity is respected where talents and individuality are **Encouraged**, and where life for those with mental illness may be enjoyed to the fullest.

## *Target Population*

Maple Rest Residential Care Facility offers a uniquely different choice for clients with mental illness.

We specialize in creating a Caring, Nurturing & Healing Home Environment for adults over the age of 18, who are challenged with persistent mental illnesses.

# SERVICES PROVIDED

- \* **Personalized Care & Living**
- \* **24 Hour Supervision**
- \* **Medication Monitoring**
- \* **Health Maintenance & Monitoring**
- \* **Social & Educational Support**
- \* **Music & Dance Movement**
- \* **ADL Support**
- \* **Coping Skills Support**
- \* **Anticipatory Care**
- \* **Anxiety Management**

Maple Rest Residential Health Care was founded in 1985.

We are proud to have served the Mentally Challenged for over 30 years.

We have a strong tradition of providing exemplary care and services that are Bold, Personalized and Innovative.

# MAPLE REST Residential Health Care Facility.

*Maple Rest Provides a wide range of state of the art Residential Health Care Services to adults with severe and persistent mental illness. We are committed to patient autonomy, independence, individual rights and confidentiality. We employ only the most qualified professionals dedicated to those philosophies.*

*We're Here Because  
We Care*

Being Nurse Owned allows  
Maple Rest to remain  
independent and autonomous.